

CWC PCN Physiotherapy Program

Summary of alternative services

FOR PHYSICIANS AND CARE TEAM MEMBERS

This guide is intended to help CWC PCN physician members and their teams support patients with physiotherapy-related needs. Local programs, services, and resources are included where appropriate.

Information in this document was accurate as of Jan. 7, 2026, and will be reviewed and updated semi-annually.

Please note: This listing represents information gathered by the CWC PCN and does not represent formal endorsement of these programs and services by the CWC PCN.

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PROGRAM NAME	DESCRIPTION	ELIGIBILITY	CONTACT / ACCESS
Rehabilitation Advice Line			
	<p>Tele-advice line operated by physiotherapists and occupational therapists. Assess rehabilitation needs over the phone and speak to parents, guardians or caregivers about a child's development or well-being.</p> <p>Provide self-management strategies, education on injury and healing timelines, acute symptom management, and joint protection, as well as a home exercise program or linkages to resources as appropriate.</p>	Alberta resident with PHN number	Call 1.833.379.0563
Alberta Healthy Living Program			
	<p>Group classes that support physical activity, balance, and pain management:</p> <ul style="list-style-type: none"> • Arthritis: Self-Management of Osteoarthritis • Better Choices, Better Health - Chronic Pain • Get Active, Stay Active • Getting Up and Down from the Floor Safely • Moving Matters • Pacing for People with Chronic Pain • Planning for Success with Exercise • Staying Active and Exercising with Osteoporosis • Steady on Your Feet • Supervised Exercise 	<p>Adults (ages 18 and up)</p> <p>Alberta resident with PHN number</p>	<p>Register online or call 1.844.527.1160</p>

PROGRAM NAME	DESCRIPTION	ELIGIBILITY	CONTACT / ACCESS
AHS Community Rehabilitation Services	AHS-funded physiotherapy services for adults.	<ul style="list-style-type: none"> • Orthopedic type I: Follow-up after surgery and specified conditions • Orthopedic type II: Follow-up for treatment of a fracture, surgery, or significant immobilization • Low income 	Accessed via the Rehabilitation Advice Line (1.833.379.0563)
The Mustard Seed	Volunteer-based physiotherapy program. Provided on Tuesdays, 7 - 9 p.m. by appointment only. Providers rotate.	For patients living significantly below the poverty line or who are unhoused	Call 403.401.5453
Pediatric Community Rehabilitation	Physiotherapy is offered as part of a comprehensive care team to support children and their families with development and movement.	For ages 0 - 18, services provided are related to (neuro) developmental conditions and/or medical conditions (e.g., torticollis, motor development, movement and function, mobility, and positioning equipment)	Call intake line at 403.910.2070 or fax referral to 403.355.4852 Self-referral or provider referral accepted

PROGRAM NAME	DESCRIPTION	ELIGIBILITY	CONTACT / ACCESS
Pediatric Ambulatory Community Physiotherapy	Physiotherapy services for complex pediatric conditions. Services are provided through private clinics contracted by Alberta Health Services.	Children: <ul style="list-style-type: none"> • Under 1 year with torticollis • Who have a chronic health problem • Who have problems with gross motor skills or coordination • Who have a chronic health problem and need ongoing group exercise class 	Call the clinic directly: <ul style="list-style-type: none"> • Provident Professional Building: 403.289.9883 • Calgary Youth Physiotherapy: 403.259.8534
Pediatric Physiotherapy (Alberta Children’s Hospital)	Tertiary Physiotherapy at ACH serves a range of specialties across the spectrum of care including acute, medical, and rehabilitation services with a focus on diagnostic assessment, care planning and intervention.	Children from birth to 17 years 11 months who reside in Alberta Health Services Calgary Zone with: <ul style="list-style-type: none"> • Complex neuro-developmental and/or sub-acute concerns impacting daily life, or • An acute change in function and/or medical instability, or 	Non-Connect Care users: Complete the referral form and send it to 403.476.7756 Connect Care users: Use the Ambulatory Referral Order to the respective specialty in Connect Care

PROGRAM NAME	DESCRIPTION	ELIGIBILITY	CONTACT / ACCESS
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- Significant regression of skills, or
- Significant risk for deterioration of functioning

[Find a Physiotherapist](#)

A searchable directory of private, community-based providers.

N/A

[Find a Physiotherapist](#)